SPECIFICATION

Please add the following paragraph to the end of the specification on page 19 following Example 11:

It should be apparent to those skilled in the art that features which have been described in relation to specific embodiments may be included in other embodiments, that the principles of the various methods of injection and recovery may be applied in other embodiments, and that mixed or unmixed gasses and liquids heated and cooled by other means may be injected. Modifications to the embodiments described will be apparent to those skilled in the art.